

ANGEL EXPRESS

PRINCIPAL'S NEWS



February 21, 2012
Volume 9, Issue 21

Contents

| | |
|----------------------|---|
| Ash Wednesday | 1 |
| Fasting and Feasting | 1 |
| This Week | 2 |
| Sports Update | 2 |
| St. Patrick's Day 5K | 2 |
| Variety Show | 2 |

Special Points of Interest

- ◆ Ash Wednesday
- ◆ Variety Show
- ◆ St. Patrick's 5K

Dear SLM Families,

Tomorrow is a very special day, as we enter the season of lent, a season of penance, fasting and almsgiving as we prepare for the resurrection of Jesus. Over the past few weeks, students have been learning about the season of lent in their religion classes. Help them to connect these lessons to their daily lives at home. Model for them how to be prayerful and observant during these times. Help them to identify age appropriate efforts they can make to display turning away from sin and turning to God. Lent does not have to be about giving something up, we can also focus on changing behaviors and attitudes. I hope everyone has a wonderful Lenten season with family and loved ones.

God Bless,

Kristopher Knowles



Ash Wednesday

Tomorrow we will be attending 8:00 Mass for Ash Wednesday. Please make sure students are in their first Friday uniforms. I hope you will be able to join us.

Fasting and Feasting

God, help us during this season of Lent to:

Fast from judging others; feast on the Christ dwelling in them.
Fast from focusing on differences; feast on the unity of all life.
Fast from apparent darkness; feast on the reality of light.
Fast from words that pollute; feast on phrases that purify.
Fast from discontent; feast on gratitude.
Fast from anger; feast on patience.
Fast from pessimism; feast on optimism.
Fast from worry; feast on trust.
Fast from complaining; feast on appreciation.
Fast from negatives; feast on affirmatives.
Fast from unrelenting pressures; feast on unceasing prayer.
Fast from hostility; feast on nonviolence.
Fast from bitterness; feast on forgiveness.
Fast from self-concern; feast on compassion for others.
Fast from personal anxiety; feast on eternal truth.
Fast from discouragement; feast on hope.
Fast from facts that depress; feast on truths that uplift.
Fast from lethargy; feast on enthusiasm.
Fast from suspicion; feast on truth.
Fast from thoughts that weaken; feast on promises that inspire.
Fast from idle gossip; feast on purposeful silence.

May our fasting and feasting during this season of Lent purify our hearts and minds that we may more worthily heed the voice of the One who beckons us, "Come and follow me."

UPCOMING EVENTS

This Week:

Wednesday, Feb. 22

- 8:00 AM Mass
- Ash Wednesday
- No Hot Lunch

Thursday, Feb. 23

- Hot Lunch - Chick-Fil-A

Friday, Feb. 24

- Career Day

Monday, Feb. 27

- Hot Lunch - Pachanga

Tuesday, Feb. 28

- Hot Lunch - Yogi's
- Re-Registration Begins

SPORTS UPDATE

Check your emails and/or the school website for changes due to rain and also for make-up games.

B Boys Basketball

Wednesday, Feb. 22 at 3:45pm @

St. Catherine - 5th Grade Team

Friday, Feb. 24 at 3:45pm @

American Martyrs-6th Grade team

& @ St. John Fisher-5th Grade

team

Sat. Feb. 24/Sun. Feb. 25 - St.

Hilary B Boys Basketball

Tournament

Girls Soccer

Friday, Feb. 24 at 4:00pm vs St.

Jerome @ American Martyrs

Boys Soccer

Boys registration forms and fees are due by **tomorrow, Feb. 22**. A maximum of 20 players will be on a team.

*****Games and times are subject to change**

SLM St. Patrick's Day 5K

Registration has begun for the St. Patrick's Day 5K run sponsored by Village Runner and SLM! Sign-up now, it will be a blast and a portion of your sign-up will benefit SLM. Find the sign-up information in the weekly bulletin section of our school website: www.stlmschool.org.



SLM Variety Show - March 15, 2012

That time of year is almost here where we get to watch our kids SHINE ON STAGE! The SLM Variety Show is March 15, still a ways away, but we all know how time flies! Let's all tell our kids that the Variety Show is coming up and it's time to start thinking about what kind of performances they would like to do! It could be playing a musical instrument, singing, dancing, comedy, group performances...and anything else they can think of! Please contact Kris Krai with any questions. Thanks! 310.498.3450 or

krisklasnokrai@yahoo.com.



New Student Registration

Applications for new students are due to the office by February 23rd. Kindergarten screening will be taking place on February 29th & March 1st. If you or anyone you know is interested in enrolling their children in SLM, registration packets are available in the school office, or online at www.stlmschool.org.



SLE for February:
A Globally Aware
Citizen



St. Lawrence Martyr School
1950 So. Prospect Ave.
Redondo Beach, CA 90277

Phone:

(310) 316-3049

Fax:

(310) 316-0888

We're on the Web!
www.stlmschool.org